

The Center for the Study of Religion invites students to participate in **Heart & Sole**, an innovative workshop designed to educate students about religious diversity, help them explore their own beliefs and values, and teach the skills needed to engage in inter-religious dialogue with their peers on campus.

Join us in our effort to make Heart & Sole a campus wide initiative that fosters increased understanding around religious diversity and contributes to positive campus climate at UCLA!

We are looking for **20 students** to help us pilot the first workshop **Wednesday January 24th from 5pm-7pm.**

Students from all backgrounds are invited and encouraged to participate!



Heart & Sole Workshop Overview

Introductions and Dialogue Skills: The workshop will start with introductions and icebreakers then move on to dialogue activities. Though interactive and reflective exercises participants will:

- Learn about the concept of religious pluralism.
- Identify the influences that inform their beliefs and values.
- Practice reflective listening and speaking.

Walk and Talk: Participants will partner with a peer who is from a different religious tradition/belief community and go for a short walk on campus. Together they will share their perspectives and discuss a series of reflection questions

Group Dinner: Participants will gather as group and share their experiences over a delicious dinner at the Faculty Center

Interested? Sign up by January 19th at <http://religion.ucla.edu/event/heart-sole/>

Questions? Contact Mary Katherine Sheena at mksheena@humnet.ucla.edu